

Sunday, 21. December 2025

# Fourth Advent



## Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

## Wellness & Spa

Opatija was designated a therapeutic climate resort as early as 1889. Largely free from allergenic particles, the microclimate here is so positively stimulating that people with asthma, bronchitis, or allergies often experience significant and lasting improvement: Feel-good hormones are produced in greater quantities, the immune system is strengthened, blood pressure is regulated, and concentration and performance are enhanced. The local stimulating climate also has a positive effect on the skin and promotes healthy sleep. All scientifically proven. Simply being in our region is beneficial, and physical activity further enhances the effect, just as therapeutic measures offer targeted support. We are grateful for this natural gift! Our spa offerings are based on wellness as a lifestyle and rest on four pillars: Detox, Antistress, Antiaging, and Cosmetics.

### Spring Fit with Our Detox Treatments

## PHARMOS NATUR ~ ALOE VERA, THE QUEEN OF MEDICINAL PLANTS

While water can only deliver nourishing substances on the surface, the 100% "Aloe Vera BioUrsaft" in Pharmos Natur products transports healing and regenerating plant nutrients deep into the cellular structure. The highlight of our treatments is the application of a fresh Aloe Vera leaf.

### For the Body

**PHARMOS NATUR – Detox Wrap**  
30 min. € 55

Enjoy body styling based on exclusive herbal oils and organic Aloe Vera. The active ingredient complex of this wrap is quickly absorbed by the skin, activates lymph flow, firms the tissue, and reduces cellulite. The skin feels refreshed, smoothed, and nourished.

### For the Face

**PHARMOS NATUR – Detox Superior**  
60 min. € 98

Aloe Vera works in combination with European herbs to detoxify intensively via the lymphatic system and strengthens the connective tissue. For clear, well-toned skin, firmer contours, and reduced redness.

It simply feels good...

## Thank you for your review!

Dear Guests,

We would like to thank you for spending your precious vacation days with us. We always strive to meet your expectations and hope that this time we were even able to exceed them!

We would be very happy to receive a review from you. Let us know how much you enjoyed your stay with us and what you particularly love about our wellness resort!

# HolidayCheck



**Our Miramar Advent Market**  
on the sea terraces by the water  
is open daily from **12:00 to 17:00.**

On **24/12/2025, 31/12/2025 & 06/01/2026**  
our Miramar Advent Market is **closed!**



# WEEKLY PROGRAM



Dear Guests!  
Welcome to Hotel Miramar.

We are thrilled to welcome you back to hotel Miramar! As we mentioned last year during our welcome cocktails and in personal conversations, we are now proud to announce what we have renewed for our guests in a very short time.

As you stroll through our garden, you will notice the new, beautiful path that not only livens up the atmosphere but also offers an inviting access to our facilities. In the evenings, you will also notice the new lighting, which creates a magical ambiance. Our seawater pool has not only undergone a technical renovation but also the entire surroundings have been improved. Both the pool and the whirlpool invite you to refresh yourself in our new environment and enjoy the amenities.

All rooms have been equipped with new televisions that now offer even more German-language channels. After an exciting day, you can relax comfortably and watch your favorite shows. Our winter garden/orangery also shines in a new light and invites you to linger. However, one thing we have not changed: at the request of many, our trusted key system remains in place, as key cards simply don't match the charm of Miramar. We know how important this tradition is to you. A special highlight in 2025 will be our cultural and entertainment program. Hotel Miramar places great value on art and music, which is why, in close cooperation with our guests, we have put together a very special program for you. Look forward to unforgettable evenings full of inspiration and entertainment.

We are confident that you will appreciate our improvements during your stay, and we wish you wonderful days with us at Hotel Miramar...

Your Miramar Management!

# General information

Opening hours of MIRAMAR SPA and POOLS

Wellness Reception: 09:00 – 18:00

Therapies and Treatments: 09:00 – 18:00

Sundays:

Wellness Reception: 10:00 – 18:00

Therapies and Treatments: 10:00 – 18:00

SEAWATER POOL 07:00 – 19:00

Sauna at the Seawater Pool: Please pay attention to the notices in the pool area!

FRESHWATER INDOOR POOL and Relaxation Rooms  
(in Guest Villa 2)

FRESHWATER INDOOR POOL: 07:00 – 20:00

The panorama sauna at the freshwater pool in Building 2 operates on rainy afternoons. On other days, please inquire at the reception or wellness reception. The infrared cabin can be used at any time.

Important Info:

You can exchange your beach towels for fresh ones at the Wellness Reception between 08:30 and 18:00. Sauna towels are also available there.

Cardio and Strength Training Room: 07:00 – 19:00

## Breakfast 07:00-11:00

Free choice of table for breakfast in the restaurant and on the terraces!

Our activities start early in the morning. Find out more in the morning post and join in - for the sake of your health! Whether it's a Smovey Walk on the Lungomare, a city tour or yoga: the exercise units are intended for everyone. Everyone trains according to their fitness and ability!

## Dinner 6:00 p.m. - 9:00 p.m

**Please wait at the entrance to the restaurant. We will be happy to guide you to the table reserved for you! Take advantage of our long dinner times to end your vacation day in peace and quiet!**

## OPENING HOURS

### Bar/Restaurant

Habsburg bar 10:00 a.m. – midnight

À la carte restaurant 12:00 – 16:00

Coffee/cake/ice cream/snacks 12:00 – 5:00 p.m

### RECEPTION & SISIS – SHOP

Reception 6:00 a.m. – 10:00 p.m

Night porter 10:00 p.m. – 6:00 a.m

**Internal extension from the room: 150 and 152**

Sisi’s farm shop 8:00 a.m. – 8:00 p.m

## Tips for planning your vacation

The Miramar is located right by the Lungomare - Opatija's famous seaside promenade! From our restaurant terrace, you can directly descend the steps to it and begin your walk along the sea. This seaside path, approximately 12 km long, connects the towns of Volosko, Opatija, Ika, Ičići, and Lovran. Built between 1889 and 1911, the path takes you past the magnificent villas from the founding period of the k.u.k. spa resorts of Opatija and Lovran!

A leisurely walk along the Lungomare "Kaiser-Franz-Joseph I." is a must for any vacation in Opatija!

## Sunday, 14. December 2025

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

## Monday, 15. December 2025

### Fit & Vital

08:30–09:15 Morning exercise

A variety of exercises for your well-being will be demonstrated. Participation is free. Wear light, comfortable clothing.

Meeting point: Event Room I

### Discover Opatija

10:00-12:00 City tour of Opatija with Barbara.

Meeting point: Hotel lobby. Participation free of charge. Registration requested at reception.

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

### Welcome

17:30 Welcome mulled wine at the Christmas market.

Director Valentina Madejski invites you to a welcome mulled wine or non-alcoholic punch at the Advent Market on the Habsburg Bar terraces and warmly welcomes our guests.

Only in dry, wind-free weather – otherwise, meeting in the hotel lobby.

### Music & Entertainment

From 18:30, the *Pesekani* musicians will entertain you during dinner and later in the Habsburg Bar.

## Tuesday, 16. December 2025

### Fit & Vital

08:30–09:15 Morning exercise

A variety of exercises for your well-being will be demonstrated. Participation is free. Wear light, comfortable clothing.

Meeting point: Event Room I

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

### Discover Trsat Advent

15:00 – approx. 18:00

Excursion to the festively decorated Gradina-Trsat above Rijeka. Enjoy 100,000 lights illuminating the hill, creating a magical winter and holiday atmosphere. Barbara will guide you through the Trsat Monastery and 14th-century church, dedicated to the Virgin Mary, featuring a statue of Pope John Paul II.

Meeting point: Hotel lobby at 15:00.

Cost: €39 per person (transport & guide).

Note: Only in dry weather; light rain is fine, heavy rain or storm cancels.

If you want, I can make an even punchier 2–3 sentence version for a program

### Music & Entertainment

From 20:30 – **The TRIO Candy brings fun and great vibes on the Habsburg Bar show stage or the sea terraces. Dancing is encouraged!**

## Wednesday, 17. December 2025

### Fit & Vital

08:30–09:15 Morning exercise

A variety of exercises for your well-being will be demonstrated. Participation is free. Wear light, comfortable clothing.

Meeting point: Event Room I

### Tea Time at Miramar

13:00 – Tea tasting in the wellness area.

Start your day perfectly, take a relaxing break, or complement a wellness treatment with exquisite teas from

the renowned House of Tea. Enjoy the rich flavors and health benefits while enhancing your anti-stress massage, detox treatment, or revitalizing facial. Experience the tradition of tea in harmony with our wellness offerings

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

## Thursday, 18. December 2025

### Fit & Vital

08:30–09:15 Morning exercise

A variety of exercises for your well-being will be demonstrated. Participation is free. Wear light, comfortable clothing.

Meeting point: Event Room I

### Discover the Surroundings

10:30–13:00 Leisurely hike along the Carmen Sylva forest trail above Opatija with Barbara.

If you want to wander through one of the most beautiful laurel forests in the Mediterranean, come along! Barbara will guide you and share the interesting and romantic story of how the trail came to be and why it is named after the first Romanian queen.

For guests who prefer not to walk the approx. 20–30 minute uphill climb (about 140 m altitude gain), there is a hotel shuttle to the promenade. The meeting point is at 10:50 in the hotel lobby. You will be driven to Pobri (the starting point of the Carmen Sylva promenade), where Barbara will be waiting for you and the others. Those who want to walk with Barbara from the hotel to the promenade should meet at 10:30 in the hotel lobby.

Registration at the reception is required.

Price per person for the guided forest tour: €10, payable directly at registration at the reception.

Please wear comfortable shoes and clothing. Nordic walking poles can be borrowed free of charge at the reception upon request.

The hike is not very difficult — approximately 6 km — and slip-resistant footwear is recommended for the forest trail.

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

### Fit & Vital

From 15:00 – **Sauna Infusions with Sauna Master**

**Herbert Wippel in the Finnish Sauna by the Seawater Pool**

### Music & Entertainment

From 20:30 – **Music and dancing with Sanjin Štanc.**

**Enjoy rock ’n’ roll, evergreen hits, and dance music in the Habsburg Bar. An evening not to be missed!**

## Friday, 19. December 2025

### Fit & Vital

08:30–09:15 Morning exercise

A variety of exercises for your well-being will be demonstrated. Participation is free. Wear light, comfortable clothing.

Meeting point: Event Room I

### Discover Opatija

10:00-12:00 City tour of Opatija with Barbara.

Meeting point: Hotel lobby. Participation free of charge.

Registration requested at reception.

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

### Fit & Vital

From 15:00 – **Sauna Infusions with Sauna Master**

**Herbert Wippel in the Finnish Sauna by the Seawater Pool**

### Music & Entertainment

From 18:30 – Enjoy traditional Croatian songs performed by the singers of “**Klapa-Opatija**” in the restaurant.

Relax with drinks in the Habsburg Bar, soak in the stunning views, and enjoy the music, and cheerful atmosphere!

## Saturday, 20. December 2025

### Midday Lunch

13:00–15:00

As part of the extended gourmet half-board, we treat you to a small selection of cold and hot dishes from the buffet – **midday lunch buffet in the restaurant area.**

### Fit & Vital

From 15:00 – **Sauna Infusions with Sauna Master**

**Herbert Wippel in the Finnish Sauna by the Seawater Pool**