



## Weekly program

Monday, June 15, 2026 - Sunday, June 21, 2026



Dear Guests,

A warm welcome to Hotel Miramar!

We are delighted to have you with us and hope you enjoy a relaxing and memorable stay. To make your holiday even more enjoyable, we have prepared a varied weekly program filled with inspiring activities, entertaining evenings, and special experiences for you to discover throughout the week. Take a moment to explore the program and join us for some of the events, we would be very happy to welcome you. We wish you a wonderful stay and many beautiful moments here at Hotel Miramar.

Your Miramar Team

### Useful Information

- ☎ Reception: dial 150 from your room phone
- 🕒 Restaurant: Breakfast 07-11h, Dinner 18-21h
- 🧘 Wellness & Spa: Monday-Saturday 09-18h, Sunday 10-18h



### **Important Information:**

For your comfort, you can exchange your beach towels for fresh ones daily between **08:30** and **18:00** at the **Wellness reception**.

Read more in our Digital Guest Directory!  
Simply scan the QR code or download the Guestfriend app.



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## WEEK OF YOGA WITH KATRIN OBERRAUNER

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### **Integral Yoga for holistic relaxation and strengthening.**

Through flowing body and breathing exercises, accompanied by yogic contemplations from Integral Yoga, both body and mind are specifically strengthened and relaxed. By creating a conscious balance between Sukham (relaxation) and Stiram (strength), stress and tension are released. This allows Prana (life energy) to flow freely again, supporting the body's regeneration and bringing inner calm and clarity.

Always treating one's own body with kindness and respect, these yoga sessions aim to help participants rediscover their natural rhythm and reconnect with themselves through ease and joy in movement.

Integral Yoga offers variations of the exercises, making the sessions suitable both for beginners and for those who practice yoga regularly.

**Monday-Friday**

**08:15–09:00 h**

**Meeting point:** Meeting Room II (House 2)

**Participation:** Free of charge for hotel guests

Everyone is welcome to join. Please wear light, comfortable clothing. The program is suitable for all experience levels – from beginners to experienced practitioners – thanks to personalized variations and adapted exercises.



### **Instructor: Mag. Katrin Oberrauner**

Katrin Oberrauner is a certified Hatha and Integral Yoga teacher, dance educator, and facilitator of systemic coaching and constellations. She completed her education in Austria and India. Her yoga approach is based on conscious movement, harmony of body and mind, and creating space for personal growth and inner balance.

### **The Power of Embodiment – Lecture Series**

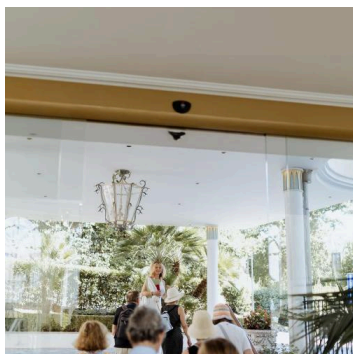
In two compact 45-minute lectures, participants will discover how reconnecting body, mind, and consciousness can help them access their inner strength. Systemic embodiment work offers practical tools for recognizing and transforming limiting beliefs, emotional patterns, and inner blockages. Combining inspiring insights with simple exercises, these lectures invite participants to explore new perspectives for greater ease, self-connection, and joy in everyday life.

**Tuesday and Thursday 17:00-17:45 h in Meeting Room I (above Gym)**

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## MONDAY JUNE 15, 2026

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### **Guided Tour of Opatija**

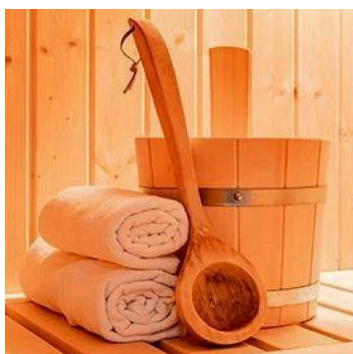
Jun 15, 2026 10:00 AM

Anyone who hasn't yet explored Opatija should not miss our city walk! During this approximately 1,5 to 2-hour stroll, you will get to know the historic town and its hidden corners. With around 12,000 inhabitants, Opatija is rich in historic architecture. It is considered the most important example of a sophisticated seaside resort from the era of the former "Austrian Riviera," featuring the architectural charm of the Austro-Hungarian monarchy.

**Meeting point:** Hotel lobby

**Registration:** At the reception desk

**Participation:** Free of charge



### **Sauna Infusion (Aufguss)**

Jun 15, 2026 3:00 PM

Sauna Infusion (Aufguss) with Sauna Master in the Finnish Sauna by the Seawater Pool.

Termin:

15:00-15:15 h Mediterranean therapy whit Una

16:00-16:15 h Adriatic Sunset whit Lav

17:00-17:15 h Four faces of love whit Una

After each sauna session, we invite you to join our "Tea Journey After Heat," a 10-minute tea experience held at the Wellness Reception.

Participation: free of charge

### **Entertainment with Srećko Valušek.**

Jun 15, 2026 7:30 PM

Dance music in the Habsburg Bar with Srećko Valušek.

Dancing is allowed!



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TUESDAY JUNE 16, 2026

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## **Kvarner from Above - discover Trsat, Kastav & Veprinac**

Jun 16, 2026 9:30 AM

Excursion with Barbara – a beautiful panoramic drive above Kvarner Bay to Trsat (138 m), Kastav (377 m) and Veprinac (519 m), including guided sightseeing.

Join us on a journey through three unique places perched high above the sea, captivating visitors with their history, charm and spectacular views.

On our way, we pass through the centre of Rijeka and discover numerous landmarks, while Barbara shares fascinating stories and insights into the city's past and present.

We begin our excursion in **Trsat**, one of Croatia's most important pilgrimage destinations and home to the country's oldest Marian shrine. The Franciscan monks continue to preserve valuable sacred treasures here. Towering above Rijeka is the impressive Trsat Castle, whose walls offer breathtaking panoramic views of the entire bay.

We then continue to **Kastav**, situated on a 377-metre-high karst hill and still surrounded by a completely preserved medieval town wall with nine towers. This historic town uniquely combines culture, history and nature. Its winding streets resemble an open-air gallery while offering views of the "green sea" of centuries-old forests surrounding Kastav.

The final town on our excursion is **Veprinac**, one of the oldest settlements in the region, which has watched over Kvarner Bay from its 519-metre hilltop for centuries. The picturesque town owes its name to the butcher's broom plant (*Ruscus aculeatus*), a typical Mediterranean species that grows in the surrounding forests. The area is also renowned for its wild asparagus, whose rich flavour makes it a highly prized spring delicacy.

The town's landmark is the Parish Church of St. Mark with its distinctive bell tower. Just outside the town gate stands the small Church of St. Anne, featuring remarkable 15th-century wall paintings. A stroll through the narrow medieval streets feels like stepping back in time.

During the excursion, we will also enjoy a relaxed lunch break, giving you plenty of time to dine individually and soak up the local atmosphere.

Non-slip footwear is recommended.

**Meeting point:** Hotel lobby

**Registration:** At the reception desk

**Participation:** 79,00 € per person (minimum 5 pax)

**Additional costs:** Entrance fee to the Trsat town walls: approximately €1.50–€3 per person. Entrance fee for Ethno house in Veprinac: 2,00 € per person.

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# TORNADO BLUE BOAT TOURS

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## A SPECIAL EXPERIENCE ON KVARNER BAY

Anyone wishing to discover the Opatija Riviera from a truly special perspective should step aboard the lovingly restored “**Tornado Blue**”. Built in 1898, the historic wooden boat combines relaxed cruises with genuine hospitality, regional cuisine and unforgettable moments at sea. For many years, Captain **Roni** and his wife **Lili** have been welcoming Hotel Miramar guests along the coast of Opatija, Cres and the hidden bays of Kvarner. Their exclusive tours for a maximum of 12 guests create a warm and personal atmosphere on board.

Those looking for the authentic spirit of Kvarner will find far more than an ordinary boat tour: a memorable day at sea filled with warmth, stories and beautiful scenery.

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## WEDNESDAY JUNE 17, 2026

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### **Rijeka Cultural & Culinary boat tour**

Jun 17, 2026 10:00 AM - Jun 17, 2026 2:30 PM

#### **Relaxed Coastal Cruise, Guided City Walk & Lunch on Board**

Join us on a relaxing cruise along the Adriatic coast to Rijeka – the European Capital of Culture 2020.

While the Tornado Blue gently cruises along the Riviera, Liliana shares fascinating stories about local life, Rijeka’s dynamic history, its industrial heritage, and the famous torpedo factory.

After arrival, discover the vibrant harbor city together with Lili: the fish and green market, the Mediterranean alleys of the old town, and the most beautiful spots in the city center.

While you explore the city, Captain Roni prepares a freshly cooked three-course lunch on board, which you will enjoy during the relaxing return cruise – accompanied by wine and drinks.

#### **Departure point:** Opatija Port

Hotel transfer is available at 09:45 h. Please inform us during registration whether you prefer to walk to the port or if you require a transfer from the hotel.

**Registration:** At the reception desk

**Participation:** 85,00 € per person (minimum 8 guests). Payment at reception.

**Included:** Boat tour, guided city walk, three-course lunch and drinks

**Cancellation policy:** Free cancellation up to 24 hours before departure.



## Grill Evening

Jun 17, 2026 6:00 PM

Restaurant

Join us for a Grill Evening, where the art of grilling meets refined cuisine! Our chef presents a carefully curated dinner buffet featuring a selection of premium grilled specialties. From meat selections to delicately grilled fish and seafood, each dish is enhanced by the distinctive aromas of the grill. Complement your evening with a glass of fine wine, thoughtfully recommended by our team, and enjoy a relaxed culinary experience in the inviting atmosphere of our restaurant.

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## FIFA WORLD CUP 2026 LIVE

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Enjoy the atmosphere of a true fan experience at our terrace!

All World Cup matches will be broadcast live in **Habsburg bar and on the bar terrace** – with great company, a vibrant atmosphere, and specially prepared fan packages.

During every match (as well as all other live broadcasts in the bar), two special packages will be available and active 15 minutes before kick-off:

**PACKAGE 1: FIRST LINE-UP** 14,00 €, including 3 draft beers (0.5 l) and portion of snacks

**PACKAGE 2: FIERY FINISH** 18,00 €, including 2 × San Servolo beers (0.33 l), 2 × schnapps (0.05 l) of your choice: biska, bianca or herbal rakija and portion of snacks



## Live Football: Croatia-England

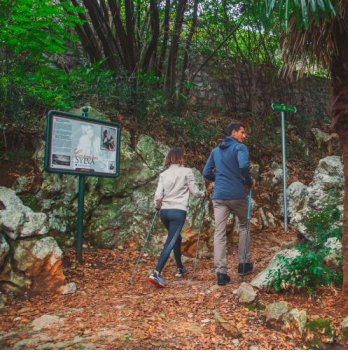
Jun 17, 2026 10:00 PM

Habsburg Terrace

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## THURSDAY JUNE 18, 2026

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### **Carmen Sylva guided tour**

Jun 18, 2026 10:00 AM

### **Leisurely hike along the Carmen Sylva forest trail above Opatija with Barbara**

If you want to wander through one of the most beautiful laurel forests in the Mediterranean, come along! Barbara will guide you and share the interesting and romantic story of how the trail came to be and why it is named after the first Romanian queen. For guests who prefer not to walk the approx. 20–30 minute uphill climb (about 140 m altitude gain), there is a hotel shuttle to the promenade. The meeting point is at 10:20 in the hotel lobby. You will be driven to Pobri (the starting point of the Carmen Sylva promenade), where Barbara will be waiting for you and the others. Those who want to walk with Barbara from the hotel to the promenade should meet at 10:00 in the hotel lobby. Please wear comfortable shoes and clothing. Nordic walking poles can be borrowed free of charge at the reception upon request. The hike is not very difficult — approximately 6 km — and slip-resistant footwear is recommended for the forest trail.

**Meeting point:** Hotel lobby

**Registration:** At the reception desk

**Participation: 15,00 €** per person.



### **The Power of Embodiment – Lecture Series with Mag. Katrin Oberrauner**

Jun 18, 2026 5:00 PM

Meeting Room I



### **Blues Festival 2026**

Jun 18, 2026 8:30 PM

Habsburg Bar Terrace

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# BLUES FESTIVAL AGAIN IN MIRAMAR!

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## Exclusive Summer Evenings at Hotel Miramar Opatija

Experience an extraordinary summer highlight at Hotel Miramar Opatija: Blues an der Adria 2026 – an exclusive open-air festival directly on the Kvarner Bay.

Thursday, Friday and Saturday at our open air terrace from 20:30 h



### Blues Festival 2026

Enjoy live music in an exclusive atmosphere, accompanied by sunsets over the Kvarner Bay and the unique ambiance of Hotel Miramar Opatija. This event combines high-class music, pleasure, and one of the most beautiful locations on the Adriatic.

From 18 to 20 June 2026, our seaside hotel terrace will become the stage for three unforgettable concert evenings featuring internationally renowned blues artists. Music, sea, and Mediterranean summer atmosphere merge into a truly unique experience.

### Live Concerts 2026:

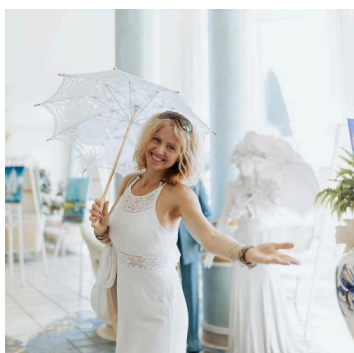
- 18.06.2026 – Peter Kern
- 19.06.2026 – Meena Cryle & Chris Fillmore
- 20.06.2026 – Hans Theessink

Three evenings, three musical personalities – from powerful blues to intimate acoustic moments.

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## FRIDAY JUNE 19, 2026

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### Guided Tour of Opatija

Jun 19, 2026 10:00 AM

Anyone who hasn't yet explored Opatija should not miss our city walk! During this approximately 1,5 to 2-hour stroll, you will get to know the historic town and its hidden corners. With around 12,000 inhabitants, Opatija is rich in historic architecture. It is considered the most important example of a sophisticated seaside resort from the era of the former "Austrian Riviera," featuring the architectural charm of the Austro-Hungarian monarchy.

**Meeting point:** Hotel lobby

**Registration:** At the reception desk

**Participation:** Free of charge

## Mošćenička Draga relaxing boat tour

Jun 19, 2026 10:00 AM - Jun 19, 2026 2:30 PM

Step aboard our traditional wooden boat and discover the peaceful beauty of the Opatija Riviera from the sea. This relaxing boat excursion takes you along one of the most beautiful coastlines in Croatia, with panoramic views of elegant seaside villas, charming fishing villages, and the green slopes of Mount Učka meeting the Adriatic. Our destination is the picturesque fishing village of Mošćenička Draga, a hidden gem where life still follows the rhythm of the sea. Stroll along the charming promenade, enjoy a swim in crystal-clear water, visit the small local fishermen's museum, or simply relax with a coffee by the beach.

For those who love authentic places, we also recommend a short visit to the medieval hilltop town of Mošćenice, famous for its narrow stone streets and breathtaking sea views.

As we slowly sail back along the Riviera, enjoy a freshly prepared homemade fish lunch on board, accompanied by local wine, good company, and the unforgettable atmosphere of the Adriatic.

This is not just a boat tour — it is a slow Mediterranean experience full of sea breeze, tradition, and simple moments that stay in your memory long after the holiday ends.

**Departure point:** Opatija PortHotel transfer is available at 09:45 h. Please inform us during registration whether you prefer to walk to the port or if you require a transfer from the hotel.

**Registration:** At the reception desk

**Participation:** **85,00 €** per person (minimum 8 guests, maximum 12 guests). Payment at reception.

**Included:** Boat tour, guided walk in the museum, three-course lunch and drinks.

**Cancellation policy:** Free cancellation up to 24 hours before departure.





## Kvarner evening with Klapa singing

Jun 19, 2026 6:30 PM

This year, Kvarner has been awarded the title of **European Region of Gastronomy!**

Join us for a special Kvarner evening in our restaurant, where we celebrate the rich culinary traditions of the region. Enjoy a varied dinner buffet featuring authentic dishes from the Kvarner area, prepared with fresh, local ingredients. To complement the flavors, we also offer a selection of local wines from the island of Krk, including Žlahtina and Sansigot. The evening will be accompanied by a live performance of Croatian songs, by the traditional vocal group “Klapa Opatija”. Experience the taste, music, and spirit of Kvarner in a warm and inviting setting of the Miramar restaurant.

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## EXPLORE OUR SISSI SHOP

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### Lungomare Chocolate Lollipop

This interesting and creatively designed sweet souvenir comes from CROATIAN CHOCO CONCEPT, a long-time collaborator of our chocolate and souvenir assortment. The Lungomare chocolate lollipop has already been recognized and awarded at the national competition **Simply the Best 2026**, where it won a **gold award** in the category of usable souvenir, which particularly highlights its authenticity, innovation and high quality. This small but impressive product is perfect as a sweet reminder of Opatija and is designed so that you can take with you the authentic taste and experience of the destination.

Available in Sissi Shop!



### Blues Festival 2026

Jun 19, 2026 8:30 PM

Habsburg Bar Terrace

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## SATURDAY JUNE 20, 2026

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### Sauna Infusion (Aufguss)

Jun 20, 2026 4:00 PM

Sauna Infusion (Aufguss) with Sauna Master in the Finnish Sauna by the Seawater Pool.

Termin:

16:00-16:15 h Oriental Theme whit Lav

17:00-17:15 h Rock Party whit Lav

After each sauna session, we invite you to join our "Tea Journey After Heat," a 10-minute tea experience held at the Wellness Reception.

Participation: free of charge



### Blues Festival 2026

Jun 20, 2026 8:30 PM

Habsburg Bar Terrace

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## WELLNESS & SPA SPECIAL OF THE WEEK:

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### DR. BABOR Hydrate & Plump

A deep-exfoliating treatment tailored individually to your skin's condition, combining a powerful **peeling** trilogy of mechanical, chemical and enzymatic components to effectively remove dead skin cells from the skin's surface.

Precisely defined professional massage techniques deliver active ingredients exactly into the skin layers where they provide the greatest benefit. The unique, 100% manual **BABOR Face Sculpting Massage** effectively releases tension in the facial muscles, stimulates circulation and lymphatic flow, trains the tissue, and supports the natural shaping and contouring of the face.

Combined with carefully selected high-performance active ingredients, this treatment leaves the skin visibly plumper, smoother, more relaxed, and radiantly fresh.

Price: instead of 95,00€, **this week only 85,50€!**



# TAKE THE SPA EXPERIENCE HOME!

Bring home your favorite spa essentials. Explore our collection of carefully selected skincare and wellness products, available at Wellness & Spa Reception.



June special:

## Pharmos Natur Moisturizing Spray – 48 €

Experience refreshing hydration from head to toe. Enriched with premium aloe vera and holy Indian basil, this soothing spray moisturizes skin, hair, and scalp while supporting the skin's natural balance. The perfect companion for a refreshing wellness moment at any time of day.

## MIRAMAR SCHEDULE

	15.6.2026. Mon	16.6.2026. Tue	17.6.2026. Wed	18.6.2026. Thu	19.6.2026. Fri	20.6.2026. Sat	21.6.2026 Sun
8:00 9:00	<b>08:15</b> 🧘 <b>Yoga with Katrin Oberrauner</b> Meeting Room II						
10:00 12:00	<b>10:00</b> 🚌 <b>Opatija Sightseeing</b>	<b>09:30</b> 🚌 <b>Trsat, Kastav &amp; Veprinac Excursion</b>	<b>10:00</b> 🚤 <b>Rijeka Boat Tour</b>	<b>10:00</b> 🚌 <b>Carmen Sylva Walk</b>	<b>10:00</b> 🚌 <b>Opatija Sightseeing</b> <b>10:00</b> 🚤 <b>Mošćenička Draga Boat Tour</b>		
16:00 18:00	<b>15:00, 16:00, 17:00</b> 🧘 <b>Sauna Aufguss</b> Wellness & Spa	<b>17:00</b> 🧘 <b>Lecture with Katrin Oberrauner</b> Meeting Room I	<b>18:00</b> 🍴 <b>Grill Dinner</b> Restaurant	<b>17:00</b> 🧘 <b>Lecture with Katrin Oberrauner</b> Meeting Room I	<b>18:00</b> 🍴🎵 <b>Kvarner Dinner &amp; Klapa Opatija</b> Restaurant	<b>16:00, 17:00</b> 🧘 <b>Sauna Aufguss</b> Wellness & Spa	
19:00 21:00	<b>19:30</b> 🎵 <b>Srećko Valušek</b> Habsburg Bar		<b>22:00</b> ⚽ <b>Croatia-England</b> Habsburg Terrace	<b>20:30</b> 🎵 <b>Blues Festival</b> Habsburg Terrace	<b>20:30</b> 🎵 <b>Blues Festival</b> Habsburg Terrace	<b>20:30</b> 🎵 <b>Blues Festival</b> Habsburg Terrace	<b>22:00</b> ⚽ <b>Germany-Ivory Coast</b> Habsburg Bar